

Breakfast

Feeling Thirsty?

Seasonal Extractions

Carrot, beets, apple and ginger

Apple, cucumber, fennel, lemon and spinach

€6 per glass

Seasonal Smoothies

Banana, strawberry, almonds and oat milk

Avocado, apple, celery, cucumber, lemon and ginger

€16 per jug

Shots

Detox – ginger, lemon, cayenne

Vitality – carrot, turmeric, ginger

€3 per shot

Price €14 per person
Includes All of the below

Healthy Start

Rainbow brekky bowl with granola, wild berries, yogurt and mango ^V

Avocado toast with fresh herbs ^V

Green salad with cherry tomatoes and basil ^{VG}

Almond milk porridge with banana and sunflower seeds ^{VG}

Price €9 per person
Includes All of the below

Price €16 per person
Includes All of the below

Load Your Plate

Avocado on toast, red chilli, green beans and tomato ^V

Eggs Benedict with chopped chives

Grilled spring vegetable frittata with rocket salad ^V

Green salad with avocado, cherry tomatoes, mango, hemp seeds and lemon dressing ^{VG}

Price €16 per person
Includes One of the below

Hox Bites

Smoked salmon on toast with cream cheese and rocket salad

Grilled vegetable frittata and salad ^V

Soya milk overnight oats, berries and chopped dark chocolate ^V

Toasted brioche bread with strawberry jam ^V

Take a seat

English breakfast - scrambled eggs, bacon, sausage, beans, tomatoes and wild mushrooms

Avocado on toast with spring onion and tomato ^V

Cinnamon French toast with brown sugar, star anise and yogurt ^V

American pancakes with maple syrup and creamy yogurt ^V

