BREAKFAST

7 A M - 11:00 A M

PASTRIES ALL 4 V

CINNAMON SWIRL 318KCAL CROISSANT 261KCAL PAIN AU CHOCOLAT 312KCAL

		COFFEE Origin roastery, ce	ertified BCorp
GOJI BERRY GRANOLA 481KCAL V, VG available yoghurt, toasted almonds & date syrup	9.5	ESPRESSO	3.5
		AMERICANO	4
CHIA SEED & COCONUT PUDDING 858KCAL VG/GF chia & overnight oats, berries, toasted coconut, micro basil	12	MACCHIATO	3.5
		FLAT WHITE	4.5
EGGS YOUR WAY 262KCAL GF available Fenton Farm free range eggs: fried, scrambled or poached, sourdough toast	9	CAPPUCCINO	4.5
	St	LATTE	4.5
3 EGG OMLETTE 371KCAL GF Fenton Farm free range whole egg omelette with peppers, tomato & cheese	13	MOCHA	4.5
	se	COFFEE OVER ICE	4
BREAKFAST BURRITO 387KCAL V, VG available flour tortilla, egg white, spinach, beans, mushroom, tomato	12	TEAS ethically sourced	
SMASHED AVO ON TOAST 412KCAL V/VG available poached egg, cherry tomatoes, coriander dressing, red amaranth, sourdo	13	BREAKFAST	4
	_	EARL GREY	4
HOX BENNY 645KCAL GF available English muffin, poached egg, tomato & garlic chutney, smoked ham, hollandaise	13	FRESH MINT	4
	15	FRESH GINGER	4
		GREEN	4
HALLOUMI BAGEL 478KCAL V grilled halloumi, cucumber, tomato & lettuce, mayo	12	JASMINE	4
		CHAMOMILE	4
SMOKED SALMON & EGG BAGEL 571KCAL GF available Fenton Farm free range scrambled eggs, smoked salmon, mascarpone, dill	13.5	LEMONGRASS & GINGER	4
		DECAF BREAKFAST	4
FRENCH TOAST 708KCAL V orange blossom ricotta, lemon curd, summer berries, orange	14	МАТСНА	5
		CHAI	4.5

SIDES

FRESH JUICE BY SQUISH

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5

5

5

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SCOTTISH SMOKED SALMON 92KCAL 5	I		
CRISPY STREAKY BACON 359KCAL 5	GINGER SHOT	3.5	ORANGE
CUMBERLAND SAUSAGE 490KCAL 5	FIELD OF GREENS	6	APPLE
HASH BROWNS 326KCAL V 4	apple, cucumber, pear, avocado, rocket spinach, mint, lime	,	CRANBERRY
SMASHED AVOCADO 177KCAL VG 4.5	FOREST BERRIES	6	PINK GRAPEFRUIT
GRILLED TOMATO 65KCAL VG 4	pomegranate, strawberry, raspberry, apple, grape		PINEAPPLE
PORTOBELLO MUSHROOM 14KCAL VG 4	RISE & SHINE	6	TOMATO
FRUIT BOWL 87KCAL VG 7	apple, carrot, ginger, turmeric, lemon		